

eviDent's Everest!



The Australian Alpine Walking Track winds 655kms from Walhalla in Victoria to Tharwa in NSW. The eviDent Foundation's 2016 inaugural Alpine Walking Track Challenge will encompass one third of the trail, through one of the most pristine alpine environments in Australia. It is considered one of the best walks in the world! The walk is so challenging that few people have ever done the whole track.

Imagine being just one of 24 people walking some or all of 230kms of the track (8850m ascent, 8840m descent) over 4, 6 or 10 days, with limited support and carrying full packs!

The Challenge is necessary to help eviDent raise much needed funds to support its aim of improving the oral health of Australians. Your support for this Challenge, either as a participant, or supporting someone who is, will help eviDent to be the catalyst for the generation of innovation and improvement in the delivery of oral health care.

You work every day to improve the health outcomes of your patients. As dedicated health professionals, you understand the need for research that will lead to directly improved treatment outcomes for patients, and that more research is required to address the connection between oral and general health. Help the eviDent Foundation to do just this by signing up for the eviDent Foundation's 2016 inaugural Alpine Walking Track Challenge, or by supporting someone who does!

Australia's National Oral Health Plan says "The impact of oral disease on people's everyday lives is subtle and pervasive, influencing eating, sleep, work and social roles. The prevalence and recurrences of these impacts constitutes a silent epidemic."

Although there is substantial evidence of a need to make oral health a high funding priority, to develop models of care which achieve maximum efficiency and effectiveness, and gain new clinical insights which can improve the quality and safety of care, this is yet to be realised in Government policy.

The impacts of oral disease are subtle yet significant, and so community awareness of the importance of oral health, and the consequences of oral disease, is also low.

In the current economic and policy environment seeking funding

for any research or philanthropic activity is becoming increasingly competitive. These factors make seeking financial support to promote eviDent's mission and research projects a challenge.

As a dental professional, you spend most of your life in a constant battle with dental and oral diseases. This Challenge is your chance to help eviDent improve the outcomes for your patients.

It's true, this Challenge won't be easy...that's the nature of a challenge. It will, however, be scenic, humbling and produce memories that you will never forget! This is your chance to walk where you're unlikely to go on your own. You'll be with like-minded people, in wondrous scenery, all whilst supporting a worthy cause!



Still a little unsure if this is the Challenge for you? Join us at one of our information sessions to find out more (see advert on opposite page).

Know this isn't the Challenge for you? That's ok – keep an eye out in future editions of this Newsletter to find out who has signed up for this life-changing experience, and help them achieve their fundraising goal by donating.

Participate or donate – both are great ways to support the work of the eviDent Foundation, and ultimately, the health outcomes of your patients.

